



Reminders for the Beginning of 2023/2024 School Year

21st August, 2023

PT2023082101

Dear Parents/Guardians,

As the school year begins, kindly take note of the following arrangements for the upcoming activities and teaching arrangements. Thank you for your cooperation.

A. Opening Ceremony and Class Time

Date	Time	Events	Details
1 st September, 2023 (Friday)	8 : 30 – 10 : 00	School Opening Ceremony	<ul style="list-style-type: none"> Please wear summer uniform New textbooks will be distributed on school opening day, please bring your school bag and stationery
2 nd September, 2023 (Saturday)	9 : 30 – 10 : 30	Grade 1 Orientation	<ul style="list-style-type: none"> Only parent/guardian of Grade 1 will be invited to this event
4 th September, 2023 (Monday)	8 : 20 (Please arrive 5 mins early)	Class Begins	<ul style="list-style-type: none"> Wear summer uniform/sportswear according to class schedule
Remarks: <ul style="list-style-type: none"> School Gate Opening Time Morning 7:50 – 8:20 / 12:30 – 12:45 Afternoon 1:40 – 2:00 / 4:10 – 4:30 / 5:00 – 5:20 			

B. 2023 / 2024 Optional Services (Starts from 4th September, 2023)

Item	Class Time	Dismissal Time	Remarks
Lunch Service	12 : 30	13 : 40	<ul style="list-style-type: none"> Please contact your homeroom teacher in advance if your child will be absent for any reason
After School Program	16 : 20	17 : 00	
School Bus Service	Specific time will be announced later		<ul style="list-style-type: none"> Students who joined the school bus service may not join after-school activities

C. Other Classes Schedule

Item	Class Time	Dismissal Time	Remarks
Leisure Time Activity Potential Classes Remedial Classes	Specific time will be announced later		<ul style="list-style-type: none"> Detailed arrangements will be announced in mid-September No classes will be held on Saturdays except for events scheduled on the school calendar, which will be announced

D. Time Table

		DAY TIME	Monday	Tuesday	Wednesday	Thursday	Friday
PERIOD		08:20-08:30	Morning Assembly & Exercise				
		08:30-08:40	Modeled Sustained Silent Reading (MSSR)				
1		08:40-09:20					
2		09:25-10:05					
		10:05-10:20	Recess				
3		10:20-11:00					
4		11:05-11:45					
5		11:50-12:30					
		13:55-14:00	Prayer				
6		14:00-14:40					
7		14:45-15:25					Leisure Time Activity
8		15:30-16:10	Weekly Assembly	Self-study & Reading Session			
				Exercise Session			

E. Appearance and School Uniforms

Uniforms		
School Uniform	Boys	<ul style="list-style-type: none"> White short-sleeved shirt with a collar, featuring an orange school emblem (must be worn with a white undershirt), tucked into gray pants. Gray pants with a black belt. (shorts for grades 1-2, long pants for grades 3-6) Black leather shoes with white ankle socks (socks must cover the ankle joint). White jacket (with an orange school emblem).
	Girls	<ul style="list-style-type: none"> White knee-length school skirt (worn with a white slip) featuring an orange school emblem and an orange waistband. White leather shoes with white ankle socks (socks must cover the ankle joint). White jacket (with an orange school emblem).
Sports Uniform	All Students	<ul style="list-style-type: none"> White short-sleeved round-neck T-shirt with the orange school emblem on the left chest, and the school name "CDSJ" on the back. Green shorts (with two slanted pockets with a white border on a yellow background, and an orange school emblem on the left side). White sneakers with white ankle socks (socks must cover the ankle joint).
Hair and Grooming		
Boys:	Maintain a neat appearance and personal hygiene, do not dye or perm hair, and keep hair no longer than the ears and eyebrows.	
Girls:	Maintain a neat appearance and personal hygiene, do not dye or perm hair. If the hair of female students is shoulder-length or longer, they should tie it up neatly using a black hair tie.	

F. Medication Guidelines for Students

1. Students are not allowed to bring any medication to school.
2. If a student is feeling unwell and needs to take medication, parents must inform the school health promotor directly and fill out the "School Medication Authorization Form."
3. The health promotor can only assist students in taking Western medication prescribed by a registered Macau doctor (excluding Chinese and patent medicine).
4. Parents must come to the school in person to assist with other medicines.
5. Medication should be taken after lunchtime. (If there are special circumstances, parents should consult with the school health promotor in advance.)
6. Medication assistance is only available for students who participate in the "Lunch Service" program.

COLÉGIO DIOCESANO DE SÃO JOSÉ							
PRIMARY SECTION							
聖若瑟教區中學 小學英文部							
School Medication Authorization Form 在校服藥委託書							
Student's name 學生姓名 : _____ Class 班別 : _____ No. 學號 : _____ Name of doctor 醫生姓名 : _____							
Date of Medication 委託服藥日期 : (YY/MM/DD) _____ / _____ / _____ to 至 _____ / _____ / _____							
Medication Time 服藥時間 : After lunch 餐後 / Special Circumstances 特別情況 _____							
Reason 服藥原因 : <input type="checkbox"/> Cold 感冒 <input type="checkbox"/> Gastroenteritis 腸胃炎 <input type="checkbox"/> Other 其他 _____							
藥名 Medication Name	Dosage 用量	Oral Medication 口服藥物				Topical Medication 外用藥物	For Office Use 學校專用
		Pills 藥丸	Powder 藥粉	Liquid 藥水	Other 其他		Time Taken 施藥時間
1.		(Tab.)粒	(Bag)包	(ml)毫升			
2.		(Tab.)粒	(Bag)包	(ml)毫升			
3.		(Tab.)粒	(Bag)包	(ml)毫升			
4.		(Tab.)粒	(Bag)包	(ml)毫升			
5.		(Tab.)粒	(Bag)包	(ml)毫升			
6.		(Tab.)粒	(Bag)包	(ml)毫升			
Remarks 備註 : No antipyretics is accepted 不接受委託給退燒藥							
Signature of Parent 家長簽署 : _____ Contact No. 家長聯絡電話 : _____ 日期 Date : _____							

G. Important Notice

- ❖ Regarding the curriculum: The English primary section will not offer a formal Portuguese course in the next school year. Portuguese classes will be offered as an extended program after school, and students are encouraged to actively participate. The corresponding Portuguese course hours will be arranged within the computer and Mandarin lessons. As a result, computer classes will be increased to two periods per week, while an additional Mandarin class will also be offered.



COLÉGIO DIOCESANO DE SÃO JOSÉ

School Contact:

Address: Rua da Prata, No. 1

Tel: 2827-0594

Website: <https://www.cdsj.edu.mo>



聖若瑟教區中學
COLÉGIO DIOCESANO DE SÃO JOSÉ
小學（英文部）
2023/2024 開學須知

PT2023082101

敬啟者：

為讓 貴家長及子弟知悉開學的準備和安排，請家長細閱內容及作出配合，謝謝。

一、日程安排

日期	時間	活動	注意事項
9月1日 (星期五)	8:30 至 10:00	開學禮	<ul style="list-style-type: none"> 須穿著整齊夏季校服 開學禮當天將派發新書，請帶備書包及文具
9月2日 (星期六)	9:30 至 10:30	Grade 1 家長說明會	<ul style="list-style-type: none"> 僅邀請 Grade 1 家長出席是次說明會
9月4日 (星期一)	上午 8:20 分 (請提早 5 分鐘到校)	正式上課	<ul style="list-style-type: none"> 按各班上課時間表穿著 整齊夏季校服/運動服
備註： <ul style="list-style-type: none"> 校門開放時間 上午 7:50 – 8:20 / 12:30 – 12:45 下午 1:40 – 2:00 / 4:10 – 4:30 / 5:00 – 5:20 			

二、2023/2024 選擇性服務 (9月4日正式開始)

項目	上學時間	放學時間	備註
午膳托管	下午 12:30	下午 1:40	<ul style="list-style-type: none"> 如當天因事而缺席請提早聯絡班主任
課後安親	下午 4:20	下午 5:00	
校車服務	各站點時間將另行通知		<ul style="list-style-type: none"> 參加校車服務的學生未能同時參加其他課後活動

三、其他課程

項目	上學時間	放學時間	備註
餘暇活動 潛能班 調適課程	具體時間將另行通知		<ul style="list-style-type: none"> 各班開辦內容及詳細安排將於九月中旬公布 除學校校曆表上編定之活動外，星期六不用上課；如有活動將另行通知

四、上課時間表

PERIOD	DAY TIME	Monday	Tuesday	Wednesday	Thursday	Friday
		08:20-08:30	Morning Assembly & Exercise			
	08:30-08:40	Modeled Sustained Silent Reading (MSSR)				
1	08:40-09:20					
2	09:25-10:05					
	10:05-10:20	Recess				
3	10:20-11:00					
4	11:05-11:45					
5	11:50-12:30					
	13:55-14:00	Prayer				
6	14:00-14:40					
7	14:45-15:25					Leisure Time Activity
8	15:30-16:10	Weekly Assembly	Self-study & Reading Session			
			Exercise Session			

五、學生校服儀容規則

式 樣	男生	女生
校 服	<ul style="list-style-type: none"> ◆ 白色平領短袖恤衫配以橙色校章（須穿白色內衣），恤衫束入西褲內 ◆ 灰色西褲配以黑色皮帶 ◆ 小一至小二年級短褲 ◆ 小三至小六年級長褲 ◆ 黑色皮鞋白色短襪，白襪必須過踝關節位置 ◆ 白色外套（配有橙色校章） 	<ul style="list-style-type: none"> ◆ 白色及膝校服裙（須穿著白色連衣底裙）配以橙色校章，及橙色邊腰帶 ◆ 白色皮鞋白色短襪，白襪必須過踝關節位置 ◆ 白色外套（配有橙色校章）
運動服	<ul style="list-style-type: none"> ◆ 白色短袖圓領 T 恤（左前胸印橙色校章，前幅胸前有橙綠雙色橫向圖案，後幅印英文「CDSJ」學校名稱） ◆ 綠色短褲（兩側斜袋以黃色作底配以白邊，左方印位印有橙色校徽）； ◆ 白色運動鞋配以白色短襪，白襪必須過踝關節位置。 	
髮飾儀容		
男生：	保持儀容整潔及注意個人衛生，不染髮燙髮，髮長不過耳及眉毛。	
女生：	保持儀容整潔及注意個人衛生，不染髮燙髮，髮長及肩者須用黑色束髮圈整潔束起。	

六、在校服藥須知

1. 學生個人不得攜帶任何藥品回校
2. 如學生身體不適需要服藥，家長必須直接通知學校健康促進人員，並填寫「學校服藥委託書」
3. 健康促進人員只協助學生服用由澳門註冊醫生處方之西藥（不包括中藥及成藥）
4. 其他藥物須由家長到校親自協助
5. 服藥時間為午膳後（其他特殊情況，請與學校健康促進人員聯繫）
6. 僅為參加「午膳及托管」之學生提供協助服藥服務

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Medication Time 服藥時間 : After lunch 餐後/ Special Circumstances 特別情況 _____							
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藥名 Medication Name	Dosage 用量	Oral Medication 口服藥物				Topical Medication 外用藥物	For Office Use 學校專用
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Remarks 備註 : No antipyretics is accepted 不接受委託給退燒藥							
Signature of Parent 家長簽署 : _____ Contact No. 家長聯絡電話 : _____ 日期 Date : _____							

七、注意事項

- ❖ 有關課程：小學（英文部）將不設正規葡文課程，葡文主題教學將以延展課程方式於課後進行，歡迎同學積極報名參加。而葡文正規課程的相應課節將安排於電腦科和新設的普通話課中，故電腦課改為每週兩節，同時亦增設一節普通話課。

此致

貴家長台鑒

聖若瑟教區中學教導處

2023年8月21日

聯絡方法：

地址：風順堂上街1號

電話：2827-0594

校網：<https://www.cdsj.edu.mo>